



Central Florida YMCA

FOR IMMEDIATE RELEASE
June 18, 2007

CONTACT: Mason Moore
(407) 849-0100
MMoore@fhnnet.com

CENTRAL FLORIDA YMCA ANNOUNCES 2006 SUCCESSES

ORLANDO, FL...2006 proved to be one of the most successful and busiest years in the 122-year history of the Central Florida YMCA (CFYMCA). The organization recently announced a number of accomplishments and milestones that were achieved last year.

CFYMCA continued expanding its presence throughout the region in 2006 by starting or completing construction of new Family Centers and expansions of existing Centers. The capital improvements, which are made possible through financial contributions and community partnerships, allow CFYMCA to provide improved services and facilities that meet the specific needs of each YMCA Family Center's community. Overall, 55,000-square-feet within local YMCA Family Centers were upgraded or added, with more than 30,000-square-feet developed in underserved communities. Among these projects were:

- The re-opening of the renovated and expanded **South Orlando YMCA Family Center** located on West Oak Ridge Road in September 2006. The 24,000-square-foot, \$5 million facility now serves more than 3,000 members.
- The 11,500-square-foot, \$1.4 million expansion of the **Golden Triangle YMCA Family Center** in Tavares was completed in October 2006.
- The beginning of construction for the new **Avalon Park YMCA Family Center** in East Orlando. The new \$800,000, 8,700-square-foot "Y Express" Family Center is located in Avalon Park's Town Center and serves more than 4,000 members. The Family Center opened in April 2007.
- The beginning of construction for a 7,300-square-foot, \$2.7 million expansion to the **Wayne Densch YMCA Family Center** in Pine Hills. The first phase, which included an expanded wellness area and locker rooms, was completed in April 2007. A zero-depth pool is currently being built with completion scheduled for later this summer.
- The beginning of construction for a 10,000-square-foot, \$1.1 million enhancement to the **Center for Health & Wellness YMCA Family Center in Oviedo**. Construction for this project also concluded in April 2007.

In 2006, CFYMCA grew to become the ninth largest association in the United States and a \$61 million Association. Its physical growth and financial success enables CFYMCA to fulfill its mission of providing programs and services that help people grow in spirit, mind and body. As a result, the association had one of its most successful years for impacting the lives of people in the region. Some of the accomplishments include:

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- CFYMCA provided more than **\$9 million** in services in 2006.
- More than **225,000** people were impacted by the Central Florida YMCA in 2006.
- More than **4,000** people donated to the 2006 Youth Scholarship Campaign, generating **\$2.3 million** in contributions for kids and families in need to allow for their participation in YMCA programs.
- More than **6,000** volunteers donated approximately **260,000** hours to help kids, teens, moms, dads and seniors live healthier lifestyles and more fulfilling lives.
- The Safe Start program, a water survival program for infants and toddlers, enrolled its **5,000th** child. To date, the program has received more than 20 letters from parents who have indicated that the skills learned in the program saved their child's life in a water-related incident.
- Approximately **16 million** hours of services were provided by CFYMCA during the year.
- More than **4,000** kids and families got fit at the annual Healthy Kids Day.
- More than **22,000** kids participated in youth sports programs offered by CFYMCA.
- More than **34,000** kids attended summer camp at a local YMCA Family Center.

“A lot of outstanding individuals and organizations have come together and worked very hard to make these achievements possible,” stated Central Florida YMCA president and CEO, Jim Ferber. “Our goal is to create community hubs that give Central Floridians a place where they can feel connected, safe, participate in healthy and productive activities, and find positive influences. We use the physical and financial growth as the vehicle for fulfilling our mission.”

Established in 1885, the Central Florida YMCA is one of the largest nonprofit community organizations in Central Florida. With 27 Family Centers in Orange, Seminole, Osceola, Lake, Brevard and Marion counties, the YMCA gave over \$9.2 million in financial assistance, membership, and program subsidies to over 30,000 kids, teens, adults, and seniors in 2006. Committed to the community, with 15 middle school after school sites, 22 elementary after school sites, 16 senior outreach programs and four Teen Achievers centers, the YMCA maintains its mission to improve lives of all in Central Florida.