



Central Florida YMCA

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LOCAL SWIMMERS BREAK TWO WORLD RECORDS TO SUPPORT YMCA AQUATIC CENTER SCHOLARSHIP FUND

Event Raises \$5,600 for Fund that Provides Swim Instruction for Underprivileged

ORLANDO, FL... Two swimming world records recently fell at Orlando's Lake Cane during an event to raise funds for the YMCA Aquatic and Family Center's annual scholarship fund.

Yuko Matsuzaki set a new world record for an open-water lake swim by swimming 82 kilometers during 30 hours of nonstop swimming. Matsuzaki was escorted by volunteers in kayaks during her swim which totaled more than 51 miles.



In addition, led by event organizer and former masters national champion and world record holder, Lucky Meisenheimer, a group of local swimmers set another world record by completing a 100-kilometer relay swim. Fifty swimmers, swimming two kilometers each, completed the RHR certified world record relay after nearly 48 hours of continuous swimming.

The event raised \$5,600 for the YMCA Aquatic and Family Center's annual scholarship fund which ensures that no one is ever turned away from YMCA swim programs or membership due to inability to pay. The YMCA Aquatic and Family Center's scholarship fund subsidizes pool time for the Orange County Special Olympics Swim Team and swimming instruction programs for economically disadvantaged children.

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For the past 14 years, Meisenheimer has coached the Orange County Special Olympics Swim Team which practices at the YMCA Aquatic and Family Center on International Drive. Lucky is known locally for hosting informal open water swims at his estate (AQUATICA) on Lake Cane since 1989.

Established in 1885, the Central Florida YMCA is one of the largest nonprofit community organizations in Central Florida. With 27 Family Centers in Orange, Seminole, Osceola, Lake, Brevard and Marion counties, the YMCA gave over \$9.2 million in financial assistance, membership, and program subsidies to over 30,000 kids, teens, adults, and seniors in 2006. Committed to the community, with 15 middle school after school sites, 27 elementary after school sites, 16 senior outreach programs and four Teen Achievers centers, the YMCA maintains its mission to improve lives of all in Central Florida.

Photo Caption: Yuko Matsuzaki (right) recently broke the world's longest open water, lake swim record, swimming 82 kilometers in 30 hours of nonstop swimming. Also pictured are event leader, Chris Bolfig (left) and world record swimmer, Dr. Lucky Meisenheimer (center).

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