



2008 Summer Swimming Lessons

For more information
please call the Blanchard Park
YMCA at
(407) 381-8000
or stop by at
10501 J. Blanchard Trail, Or-

Session Dates:

2 Week Sessions Monday – Thursday

- Session 1- June 9 – June 19
- Session 2- June 23- July 3
- Session 3- July 7 – July 17
- Session 4- July 21 – July 31
- Session 5- August 4 – August 14

Class Schedule:

- Parent Child 8:30 – 9:00am
- Preschool 9:15-9:45 am
- Preschool 10:00-10:30 am
- Preschool 4:15 – 4:45pm
- Preschool 5:30 – 6:00 pm
- Preschool 6:00-6:30pm
- Youth 6:15 – 6:45 pm
- Youth 10:00 – 10:45 am
- Youth 4:45 – 5:30 pm

Session Dates:

Saturday once a week Monthly Sessions:

- Session 1 June 7 – June 28
- Session 2 July 5 – July 26
- Session 3 August 2 – August 23

Class Schedule

- Adult Lessons 9:30 – 10:30 am
- Parent Child 10:30 – 11:00am
- Preschool 10:30- 11:00 am
- Preschool 11:15 – 11: 45 pm
- Youth 11:30 – 12:15 pm

Program Fee: Members: \$50.00

Non Members: \$100.00

Swim Team: time is subject to change
Members: \$50/month Non Members: \$100/month

Parent Child Swim Lessons- Ages 6 – 36 months

This course is designed to develop a sense of comfort and familiarity with the water. This course is taught through group instruction utilizing songs, games, and other fun activities. Children work on basic movements in the water while supported by the parent or a flotation device. This course introduces new skills when the parent and child are ready to learn.

Safe Start – Ages 1 – 4years

This course is a one of a kind drowning prevention program where children learn the survival skills of independent swimming and floating both in swimwear and in everyday clothes. Children are taught through one-on-one instruction. This is a six week course; children attend lessons 5 days a week for 10 minutes each day. New sessions start every Monday; however the schedule reflects our most popular times. Flexible appointment times are available. Call the Safe Start office at (407) 644-3606 to register.

Preschool Swim Lessons- Ages 3-5 years & Youth Swim Lessons– Ages 6-12

Children are placed in groups according to their abilities. As the students become proficient in their swimming skills from beginner to advanced swimmers, this program teaches fundamental swimming skills and stroke development using student centered teaching techniques.

Titans Swim Team- Ages 7 – 13 years

This program is an introduction to competitive swimming in an everybody swims, every body wins atmosphere. Children learn the rules, regulations, and techniques for competitive swimming. This team focuses on fun while building self confidence.

Adult Swim Lessons- Ages 18 and up

Beginner to intermediate swim classes for adults. We will assist you with basic strokes, endurance and personal safety.

Private Swim Lessons

YMCA Swim Instructors design a program catered to meet the student's specific needs. Appointment times are flexible. Classes average 30 minutes in length. Program Fee: This is based on the number of lessons requested thus will be determined at time of registration.



YMCA Mission: The purpose of this Association is to improve lives of all in Central Florida by connecting, individuals, families, and communities with opportunities based on Christian values that strengthen Spirit, Mind, and Body.

Limited financial assistance is available to individuals and families who substantiate a need.

Blanchard Park YMCA Swim Lesson Registration Form

Swimmer Information

Name: _____ D.O.B.: _____ Age: _____ Gender: M / F

Mailing Address: _____

City: _____ State: _____ Zip: _____

Parent/Guardian Information

Name: _____ Member: Yes / No

Cell Phone: _____ Home Phone: _____

E-mail: _____

Emergency Contact:

Name: _____ Phone: _____

Waiver

I understand that the Central Florida YMCA assumes no responsibility for injuries or illness which the participant may sustain as a result of his/her physical condition or resulting from his/her athletic activities, the aquatic program, the use of any equipment, exercise, or other activities. I expressly acknowledge on behalf of myself that I assume the risk for any and all injuries an illness, which may result from my child's participation in these activities. I hereby release and discharge the Central Florida YMCA, it's agents, servants, and employees from any and all claims for injury, illness, death, and loss or damage which the participant may suffer as a result of his/her participation in these activities.

I understand that the Central Florida YMCA is not responsible for personal property lost or stolen while a member and or program participant on Central Florida YMCA premises.

I give my permission to the Central Florida YMCA to use without limitation of obligation, photographs, film footage, or tape recordings, which may include a family's image or voice for the purpose of promoting or interpreting Central Florida YMCA programs.

Acceptance

I acknowledge the waiver set forth above, and being in sympathy with the Mission Statement of the Central Florida YMCA, agree to sign this waiver.

Signature of Parent/Guardian

Date

Would you like to help support the Youth Scholarship Campaign with a donation? Yes \$_____ No_____

FOR OFFICE USE ONLY

Scholarship Amount: _____ Amount Paid: _____ Date: ____/____/____

Cash _____ Credit _____ Check # _____ Staff Initials: _____

For more information, please call Rich Smith, Program Director at 407.381.8000 or email at rsmith@cfymca.org.