

## Group Pool

	Monday	Tuesday	Wednesday	Thursday	Friday	
5:30 - 7:55	Rec Swim	Rec Swim	Rec Swim	Rec Swim	Rec Swim	<b>Saturday</b>
7:55 - 8:50	Rec Swim	Rec Swim	Rec Swim**	Rec Swim	Rec Swim	Rec Swim (8:00-9:00)
9:00 - 9:55	Water Fitness***	Water Fitness***	Water Fitness***	Water Fitness***	Water Fitness***	Water Fitness**
10:10 - 11:05	Water Fitness**	Swim Lessons	Water Fitness**	Swim Lessons	Water Fitness**	Swim Lessons (10:00-12:30)
11:10 - 2:00	Rec Swim	Rec Swim (begins at 11:15)	Rec Swim	Rec Swim (begins at 11:15)	Rec Swim	Rec Swim (12:30-3:45)
2:00 - 2:55	Water Fitness* Arthritis	Rec Swim	Water Fitness* Arthritis	Rec Swim	Water Fitness* Arthritis	<b>Sunday</b>
3:00 - 3:55	Rec Swim	Rec Swim	Rec Swim	Rec Swim	Rec Swim	Rec Swim (11:00-3:45)
4:00 - 5:00	Rec Swim	Swim Lessons	Rec Swim	Swim Lessons  *5:00-5:45 Water Fitness	Rec Swim	***Please note: During Recreation swim times a portion of the group pool will be designated for SafeStart Drowning Prevention Program.
5:00 - 5:30						
5:30 - 6:25	Water Fitness**		Rec Swim		Swim Lessons	
6:30 - 7:30	Rec Swim		Rec Swim			
7:30 - 8:45	Rec Swim	Rec Swim	Rec Swim	Rec Swim	Rec Swim	

## Lap Pool

	Monday	Tuesday	Wednesday	Thursday	Friday	
5:30 - 9:00	Lap Swim 3	Lap Swim 3	Lap Swim 3	Lap Swim 3	Lap Swim 3	<b>Saturday</b>
9:00 - 10:00	Water Fitness**	Water Fitness**	Water Fitness**	Water Fitness**	Water Fitness**	Lap Swim 3 (8:00-10:00)
	Lap Swim 2	Lap Swim 2	Lap Swim 2	Lap Swim 2	Lap Swim 2	
10:00 - 3:30	Lap Swim 3	Lap Swim 3	Lap Swim 3	Lap Swim 3	Lap Swim 3	Swim Lessons (10-12:30)
3:30 - 4:30	Lap Swim 3	Swim Team	Lap Swim 3	Swim Team	Lap Swim 3	Lap Swim 2 (10:00-12:30)
		Lap Swim 1		Lap Swim 1		
4:30 - 5:30	Swim Team	Swim Team	Swim Team	Swim Team	Lap Swim 3	Lap Swim 3 (12:30-3:45)
	Lap Swim 1	Lap Swim 1	Lap Swim 1	Lap Swim 1	Lap Swim 3	
5:30 - 6:30	Lap Swim 3	Lap Swim 3	Lap Swim 3	Lap Swim 3	Swim Lessons	Lap Swim 3 (11:00-12:00)
					Lap Swim 2	
6:30 - 7:30	Swim Team	Swim Team	Swim Team	Swim Team	Lap Swim 3	Swim Team*
	Lap Swim 1	Lap Swim 1	Lap Swim 1	Lap Swim 1	Lap Swim 3	
7:30 - 8:30	Swim Team	Swim Team	Swim Team	Swim Team	Lap Swim 3	Lap Swim 1 (12:00-3:00)
	Lap Swim 1	Lap Swim 1	Lap Swim 1	Lap Swim 1		
8:30 - 8:45	Lap Swim 3	Lap Swim 3	Lap Swim 3	Lap Swim 3	Lap Swim 3	Lap Swim 3 (3:00-3:45)