



# Youth and Family Classes

## August 16 - October 31

<b>AM CLASSES</b>	<b>Ages</b>	<b>Day</b>	<b>Time</b>	<b>Location</b>
Gym Jam	4 - 6	Monday	9:30am- 10:15am	Basketball Courts
Itty Bitty Sports	2 - 5	Tuesday	9:30am- 10:15am	Club Y
Yoga	5 - 9	Thursday	11:45am - 12:15pm	Group Ex. Room
Itty Bitty Sports	2 - 5	Thursday	9:30am- 10:15am	Club Y
Homeschool P.E.	5 - 8	Tues./Fri.	10:30am-11:30am	Club Y
Homeschool P.E.	9 and up	Tues./Fri.	11:30am-12:30pm	Club Y
<b>PM CLASSES</b>	<b>Ages</b>	<b>Day</b>	<b>Time</b>	<b>Location</b>
Flag Football Drills	7 - 11	Monday	4:30pm - 5:15pm	Club Y
Itty Bitty Sports	2 - 5	Monday	5:30pm- 6:15pm	Club Y
Gym Jam	5 - 9	Tuesday	4:30pm- 5:15pm	Club Y
Zumba w/ Drums	5 - 9	Tuesday	4:30pm- 5:15pm	Multi Purpose Room
Volleyball Drills	8 - 11	Wednesday	4:30pm- 5:15pm	Basketball Courts
Yoga	5 - 9	Wednesday	4:00pm- 4:45pm	Group Ex. Room
Aqua Fun	4 - 7	Wednesday	4:30pm- 5:15pm	Pool Deck
Basketball Drills	6 - 11	Thursday	4:30pm- 5:15pm	Club Y

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