

## **Group Swimming Lessons – Summer 2010**

### **Registration**

Registrations close the Friday prior to the Session date or when a class is filled. Please register early. To register, please pick up an Aquatics Registration Form at the Front Desk.

For more information, please contact Mark MacDonald, Aquatics Director, at (352) 368-9622.

**Cost** – \$55 Members/\$100 Potential Members

### **Classes run Monday thru Thursday for 2 weeks:**

Pre-school Classes: 9:00 – 9:30am & 10:30 – 11:00am  
5:00 – 5:30pm & 6:30 – 7:00pm

Youth Classes: 9:40 – 10:20am & 5:40 – 6:20pm

**Session #7: June 7 – 17** (Register by June 4)

**Session #8: June 21 – July 1** (Register by June 18)

**Session #9: July 5 – 15** (Register by July 2)

**Session #10: July 19 – 29** (Register by July 16)

**Session #11: August 2 – 12** (Register by July 30)

**Session #12: August 16 – 26** (Register by August 13)

### **Please Note:**

- Do not bring any type of swimming aids with your child to swim lessons.
- Have your child use the bathroom prior to his or her lesson time.
- We ask that parents/relatives distance themselves from the teaching area.
- Inclement weather. Please come to lessons rain or shine. Any make-up lessons will be made up on a Friday or by adding time to the remaining number of lessons.

## Group Ages and Descriptions

### *Pre-school: Ages 3 - 5*

Pre-school lessons are for children 3 to 5 years old. They are a child's first experience in the water independent of parental guidance. In these classes, children learn basic swimming strokes, floating, breath control, endurance and safety.

The progression is Pike, Eel, Ray, and Starfish.



### *Youth: Ages 6 - 12*

Our Youth Program, for 6 to 12 year olds, focuses on floating, treading water, development of strokes, and diving skills.

The progression is Polliwog, Guppy, Minnow and Fish.



### *Preschool/Youth (Advanced)*

Advanced Swimmers can perform rudimentary forms of the strokes mentioned above and have no fear of deep water. Stroke refinement is practiced at this level.