

Club "Y" Weekly Programs Ages 8 to 11

Time	Monday	Time	Tuesday	Time	Wednesday	Time	Thursday	Time	Friday	Time	Saturday
4:00pm	Leadership Club for girls (ends March 1)	4:00pm	Kid's Choice	4:00pm	Kid's Choice	4:00pm	Kid's Choice	4:00pm	Kid's Choice	10:00am	Body movement (stretching)
4:30pm	Kid's Fitness	4:30pm	Kid's Choice	4:30pm	Kid's Fitness	4:30pm	Kid's Choice	4:30pm	Body movement (stretching)	10:30am	Kid's Choice
5:00pm	Leadership Club for Boys (Ends March 1)	5:00pm	Kid's Choice	5:00pm	Kid's Choice	5:00pm	Kid's Choice	5:00pm	Interactive Games	11:00am	Interactive Games
5:30pm	Kid's Choice	5:30pm	Homework Club	5:45pm	Spanish starting March 17th (please sign up)	5:30pm	Homework Club	6:00pm	Kid's Choice	11:30am	Kid's Choice
6:00pm	Kid's Choice	6:15pm	Homework Club	6:00pm	Kid's Choice	6:15pm	Homework Club	6:30pm	Kid's Choice	12:00pm	Youth Sports Drills / Kid's Choice
6:30pm	Interactive Games	6:30pm	Interactive Games	6:30pm	Interactive Games	6:30pm	Interactive Games				
7:00pm	Interactive Games	7:00pm	Kid's Choice	7:00pm	Interactive Games	7:00pm	Kid's Choice				
7:15pm	Kid's Choice			7:15pm	Kid's Choice						

1 - 8:00pm & Saturday 9:30am - 1:30pm

Teen Center Shcedule Ages 12 and up

Time	Monday	Time	Tuesday	Time	Wednesday	Time	Thursday	Time	Friday	Time	Saturday
4:00pm	Teen Xtreme	4:00pm	Teen's Choice	4:00pm	Teen Xtreme	4:00pm	Teen's Choice	4:00pm	Teen's Choice	10:00am	Teen's Choice
4:30pm	Teen's Choice	4:30pm		4:30pm	Teen's Choice	4:30pm		4:30pm		10:30am	
5:00pm		5:00pm		5:00pm		5:00pm		5:00pm		11:00am	
5:30pm		5:30pm		5:45pm		5:30pm		6:00pm		11:30am	
6:00pm		6:15pm		6:00pm		6:15pm		6:30pm		12:00pm	Youth Sports Drills
6:30pm		6:30pm		6:30pm		6:30pm					
7:00pm		7:00pm		7:00pm		7:00pm					

Club "Y"

For ages 8 to 11

Featuring: Pool Table
Wii
Computer Games (coming soon)
Direct access to Basketball Court.
Scheduled programming (see attached schedule)
Fitness Class

When: Monday-Friday 4:00pm - 8:00pm
Saturday 9:30am – 1:30pm

Parent sign in at the Club "Y", Picture ID required.
New members should fill out the registration form included in the membership package if the sign in is for the first time. Child Development rules apply.

Teen Center

For ages 12 and up

Featuring: Ping Pong,
Foosball Table
Wii
Fitness Classes
Direct access to the Basketball Court.

When: Monday-Friday 2:30pm – 8:00pm
Saturday 9:30am – 1:30pm

How: Check out equipment at the (ping pong ball, foosball, Wii Games, pool equipment)
YMCA ID required to check out.