

MY Y STORY

Dear YMCA,

I wanted to tell you how much the Y helped me and my family. A few things I love the most are the child development and the events they do for the kids. Also, the staff and the members there are very nice and they would help you in anyway they can.

I also enjoy the classes the Y offers, body sculpting and cardio Zumba! Going to the Y helps me concentrate on myself and what I need to do to get myself in shape again. It is my sanctuary because my kids are taken care of and I have peace and quiet for an hour and a half. Since I joined seven or eight months ago I have lost twenty-five pounds and feel great!

Well, I wanted to thank the staff for encouraging and motivating me and my family to continue to be there. Keep up the good work!



This story is made possible because of your generous scholarship donations.



**SUNTREE YMCA FAMILY CENTER
6300 N. WICKHAM RD. STE 114
MELBOURNE, FL 32940**

Membership Services Desk

321-259-2929

Opportunities to Serve You:

Monday - Thursday: 5:30AM -10:00PM

Friday: 5:30AM - 9:00PM

Saturday: 8:00AM - 4:00PM

Sunday: 11:00AM - 4:00PM